

EMERGENCY PREPAREDNESS STARTS WITH YOU



Visit: ready.hawaii.gov

ARE YOU 2 WEEKS READY?

BUILD KITS

Have Go Bags ready for work, each family member, pets, & a vehicle safety kit too.



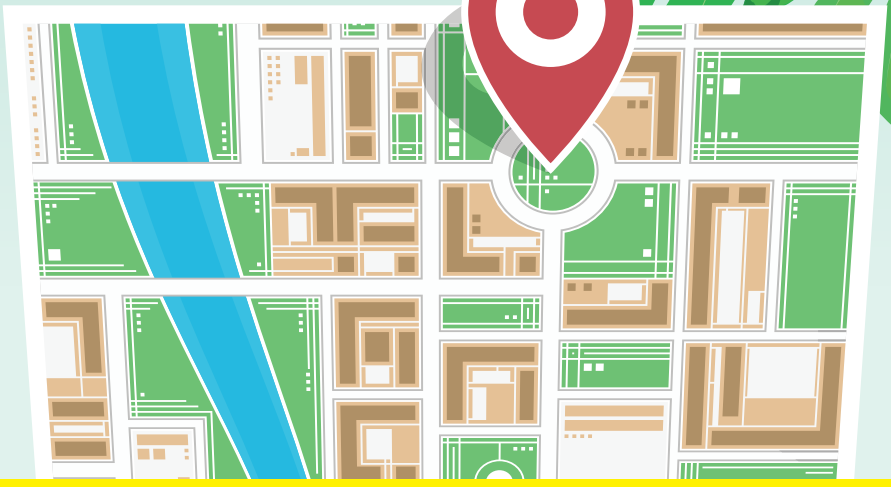
PLAN TO BE ON YOUR OWN FOR AT LEAST 2 WEEKS

Water (1 gal. per person/day)
Food (Non-perishable)
First Aid Kit
Medical Equipment
Medications
NOAA Alert Radio
Extra Batteries

Flashlight
Can Opener
Tools
Warm Clothes
Sturdy Shoes
Personal Hygiene Items
Toilet Paper

Pet Supplies
Fire Extinguisher
Glasses/Eye Care
Cash
Identification
Important Documents
Comfort/Entertainment

PLAN AHEAD!



Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.



LEARN ABOUT DISASTER PLANS FOR:

Your medical and/or transportation provider

Your workplace

Your children's school

Other places where your family spends time



Check with your local emergency management office to:

- Sign up for emergency alerts and notifications.
- Identify your local emergency alert system (EAS) radio stations.
- Know your evacuation and alternate transportation routes.



WAYS TO HELP EACH OTHER

- Know how you'll help people & pets who normally rely on you.
- Form a neighborhood group. Please visit ready.hawaii.gov for a listing of preparedness groups.
- Help organizations in your neighborhood that may need support during a disaster.
- Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills.

COMMUNICATION IS KEY —

- Write down important emergency contact information.
- Texts are more likely to go through than calls.
- Have an extra cell phone charger and batteries.
- An out-of-area contact can serve as a relay point for family communication.



ACTIONS TO TAKE DURING A QUAKE



DROP



COVER



HOLD ON

If there is no table around, get lower than the other furniture.

THINK – BENEATH • BESIDE • BETWEEN

AFTER THE SHAKING

- Check for injuries & apply basic first aid.
- Check your building for structural damage.
- Leave building if unsafe.
- Help your neighbors.

Shut off the water at the main valve.

Shut off gas **ONLY** if you:

- Smell natural gas
- Hear hissing
- See the dial spinning rapidly



FOR MORE INFORMATION



Local television



Your local Emergency Management office



Emergency radio stations
NOAA weather radio channels



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ready.hawaii.gov